|  |  |
| --- | --- |
| January |  |
|  | 2021 |
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|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  |  |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|  |  | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging |  |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
|  | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging | Spatial Awareness  Cardiovascular Endurance  Chasing, Fleeing, Dodging |  |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
|  | MLK Holiday  No School | Throwing and catching  Cardiovascular Endurance | Throwing and catching  Cardiovascular Endurance | Throwing and catching  Cardiovascular Endurance | Throwing and catching  Cardiovascular Endurance |  |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
|  | Throwing and catching in a game setting.  Cardiovascular endurance | Throwing and catching in a game setting.  Cardiovascular endurance | Throwing and catching in a game setting.  Cardiovascular endurance | Throwing and catching in a game setting.  Cardiovascular endurance | Throwing and catching in a game setting.  Cardiovascular endurance |  |
| 30 | 31 |  |  |  |  |  |
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